kategoria	zawodnik	czas	m001	m002	m003	m004	m005	m006	m007	m008	m009	m010	m011	m012	m013	m014	m015	m016	m017	m018	m019	m020	m021	m022	m023	m024	m025
K45	Międzyczasy																										
	Malwina Drągowska	34	104	105	108	113	112	115	118	117	116	111	110	107	103	11											
	OK!Sport Warszawa	48:12	03:53	05:25	07:23	10:49	13:45	16:26	20:35	24:58	30:16	35:31	38:16	40:48	43:58	48:12											
			03:53	01:32	01:58	03:26	02:56	02:41	04:09	04:23	05:18	05:15	02:45	02:32	03:10	04:14											
	Ilona Śliwczyńska	31	104	105	108	113	115	117	116	114	109	106	102	11													
	Team 360?	41:03	03:37	05:00	06:39	10:09	13:46	17:28	24:43	27:39	32:03	35:10	37:33	41:03													
			03:37	01:23	01:39	03:30	03:37	03:42	07:15	02:56	04:24	03:07	02:23	03:30													
	Dorota Mianowska	30	104	105	108	113	115	118	117	116	114	109	11														
	UNTS Warszawa	47:15	04:48	06:35	08:23	11:56	15:35	20:15	24:43	32:29	35:53	39:58	47:15														
			04:48	01:47	01:48	03:33	03:39	04:40	04:28	07:46	03:24	04:05	07:17														
	Joanna Parfianowicz	28	104	105	108	113	115	118	117	112	111	110	103	11													
	UNTS Warszawa	47:35	04:19	05:51	08:06	11:52	15:51	20:40	25:36	31:13	34:45	37:42	43:11	47:35													
			04:19	01:32	02:15	03:46	03:59	04:49	04:56	05:37	03:32	02:57	05:29	04:24													
	Antonina Mianowska	24	104	105	108	113	112	111	114	109	106	102	101	11													
	UNTS Warszawa	43:24	03:52	06:29	08:48	14:10	18:19	21:40	23:38	31:40	35:46	38:10	41:37	43:24													
			03:52	02:37	02:19	05:22	04:09	03:21	01:58	08:02	04:06	02:24	03:27	01:47													
	Julia Mianowska	24	104	105	108	113	112	111	114	109	106	102	101	11													
	UNTS Warszawa	43:29	03:57	06:29	08:54	14:16	18:26	21:45	23:44	31:49	35:55	38:15	41:44	43:29													
			03:57	02:32	02:25	05:22	04:10	03:19	01:59	08:05	04:06	02:20	03:29	01:45													
	Małgorzata Krochmal	23	104	105	108	113	115	112	111	110	107	102	11														
	KU AZS WAT Warszawa	43:19	04:26	06:28	09:25	13:40	18:05	21:55	26:07	29:16	34:34	38:53	43:19														
			04:26	02:02	02:57	04:15	04:25	03:50	04:12	03:09	05:18	04:19	04:26														
	Anna Dikta	17	103	107	110	112	115	113	108	105	11																
	Zabiegani	46:46	05:02	12:06	22:54	25:22	28:10	34:42	37:53	39:42	46:46																
			05:02	07:04	10:48	02:28	02:48	06:32	03:11	01:49	07:04																
	Marta Maksim	17	103	107	110	112	115	113	108	105	11																
	WAT	46:47	05:29	11:49	22:43	25:16	28:04	34:48	38:12	40:04	46:47																
			05:29	06:20	10:54	02:33	02:48	06:44	03:24	01:52	06:43																
	Julia Łącka	14	102	106	109	110	107	103	104	101	11																
	UKS ,,OSiR" Góra Kal	40:46	04:59	07:27	11:16	20:40	26:53	30:29	34:53	38:48	40:46																
			04:59	02:28	03:49	09:24	06:13	03:36	04:24	03:55	01:58																
	Olga Wasilewska	13	102	106	109	110	107	103	104	11																	
	UKS ,,OSiR" Góra Kal	39:28	05:21	07:43	11:38	21:02	27:15	30:57	35:08	39:28																	
			05:21	02:22	03:55	09:24	06:13	03:42	04:11	04:20																	
	Anna Olbrycht	12	103	102	106	109	110	108	104	11																	
	OLBnO	45:21	07:21	10:37	15:20	21:40	28:43	34:03	40:20	45:21																	
			07:21	03:16	04:43	06:20	07:03	05:20	06:17	05:01																	
	Krystyna Galicz	8	102	106	109	111	114	116	11																		
	BKS Wataha Warszawa	54:57	08:30	12:37	20:25	27:27	31:19	39:02	54:57																		
			08:30	04:07	07:48	07:02	03:52	07:43	15:55																		
	Natalia Maliszewska	-24	102	103	108	113	119	11																			
	ind.	81:19	06:24	09:06	14:51	20:19	42:35	81:19																			
			06:24	02:42	05:45	05:28	22:16	38:44																			
K60	Międzyczasy																										
	Dagmara Dominiak	63	104	105	108	110	111	112	113	115	117	118	121	122	120	119	116	114	109	106	102	107	103	101	11		
	PUKS Młode Orły NDM	69:12	02:55	04:15	07:56	10:38	13:31	16:11	18:23	21:08	23:22	26:12	31:52	34:19	39:53	45:02	48:48	51:19	55:33	58:44	60:31	62:38	64:29	67:10	69:12		
			02:55	01:20	03:41	02:42	02:53	02:40	02:12	02:45	02:14	02:50	05:40	02:27	05:34	05:09	03:46	02:31	04:14	03:11	01:47	02:07	01:51	02:41	02:02		
	Barbara Żebrowska	62	104	105	108	113	115	118	121	122	120	119	116	114	111	112	110	107	106	102	103	11					
	UNTS Warszawa	61:09	03:21	05:31	07:17	10:41	13:07	16:07	19:58	22:57	28:28	33:14	37:28	40:01	42:26	45:32	49:15	50:46	54:12	56:17	58:13	61:09					
			03:21	02:10	01:46	03:24	02:26	03:00	03:51	02:59	05:31	04:46	04:14	02:33	02:25	03:06	03:43	01:31	03:26	02:05	01:56	02:56					
	Jagoda Filipczak	58	102	106	109	114	116	119	120	122	121	118	117	115	113	108	105	104	11								
	Legionowo	61:07	04:41	06:36	09:49	14:00	16:41	21:01	26:52	34:10	37:46	42:15	46:00	48:54	52:00	55:16	56:51	58:22	61:07								
			04:41	01:55	03:13	04:11	02:41	04:20	05:51	07:18	03:36	04:29	03:45	02:54	03:06	03:16	01:35	01:31	02:45								
	Martyna Miśkiewicz	55	104	105	108	113	112	115	117	118	121	122	120	119	116	110	107	11									
	OK!Sport Warszawa	62:42	04:31	06:30	09:42	13:26	16:24	18:55	21:57	26:03	31:14	34:17	40:53	46:55	50:48	55:38	57:32	62:42									
			04:31	01:59	03:12	03:44	02:58	02:31	03:02	04:06	05:11	03:03	06:36	06:02	03:53	04:50	01:54	05:10									
	Natalia Filipczak	49	102	106	109	111	114	116	119	120	122	121	118	115	112	104	11										
	PUKS Młode Orły NDM	65:50	04:06	06:11	09:09	13:34	17:06	19:43	23:41	29:46	37:36	41:07	46:01	49:42	52:14	62:20	65:50										
			04:06	02:05	02:58	04:25	03:32	02:37	03:58	06:05	07:50	03:31	04:54	03:41	02:32	10:06	03:30										

	Ilona Powichrowska	47	101	102	106	109	114	116	119	117	115	112	111	110	107	103	108	105	104	11	
	UKS ,,OSiR" Góra Kal	51:21	02:39	05:35	07:38	11:07	15:49	18:14	21:57	26:38	30:06	32:32	35:22	37:37	39:35	42:14	45:06	47:02	48:30	51:21	
			02:39	02:56	02:03	03:29	04:42	02:25	03:43	04:41	03:28	02:26	02:50	02:15	01:58	02:39	02:52	01:56	01:28	02:51	
	Barbara Szmyt	45	101	102	106	109	111	114	116	119	117	115	112	113	108	105	104	103	11		
	Klub InO STOWARZYSZE	56:51	02:52	06:38	09:08	12:31	17:17	19:29	22:56	29:16	34:15	37:18	39:41	42:18	45:49	48:16	50:46	53:15	56:51		
			02:52	03:46	02:30	03:23	04:46	02:12	03:27	06:20	04:59	03:03	02:23	02:37	03:31	02:27	02:30	02:29	03:36		
	Paulina Dzwonkowska	37	108	113	115	118	117	120	119	110	107	103	11								
	UKS ,,OSiR" Góra Kal	51:12	05:07	08:21	11:09	17:09	22:25	27:24	33:34	42:33	44:47	47:02	51:12								
			05:07	03:14	02:48	06:00	05:16	04:59	06:10	08:59	02:14	02:15	04:10								
	Katarzyna Parfianowi	34	108	113	115	117	118	121	122	119	116	110	11								
	Warszawa	70:01	05:22	08:27	11:26	14:40	18:59	24:36	28:17	49:27	56:51	63:01	70:01								
			05:22	03:05	02:59	03:14	04:19	05:37	03:41	21:10	07:24	06:10	07:00								
	Ula Trykozko	33	104	105	108	113	115	117	118	112	111	110	107	102	11						
	Team 360?	54:53	04:14	06:17	08:49	13:04	17:09	21:37	27:13	35:26	39:52	44:09	46:52	50:08	54:53						
			04:14	02:03	02:32	04:15	04:05	04:28	05:36	08:13	04:26	04:17	02:43	03:16	04:45						
	Beata Bargiel	30	104	105	108	113	115	117	118	112	110	107	102	11							
	Ok! Sport Warszawa	59:23	04:29	06:55	12:06	17:06	22:02	28:13	33:38	41:18	47:42	50:44	54:14	59:23							
			04:29	02:26	05:11	05:00	04:56	06:11	05:25	07:40	06:24	03:02	03:30	05:09							
	Karina Daniluk	29	102	106	109	114	116	111	112	110	107	103	105	104	11						
	BKS Wataha Warszawa	52:27	04:30	07:15	11:06	17:37	21:21	27:14	30:50	35:50	38:23	42:36	46:33	49:00	52:27						
			04:30	02:45	03:51	06:31	03:44	05:53	03:36	05:00	02:33	04:13	03:57	02:27	03:27						
	Lucyna Lupa	25	104	105	108	113	115	118	117	111	103	11									
	ind.	57:36	06:00	07:39	09:29	13:04	20:32	24:45	29:58	45:10	53:43	57:36									
			06:00	01:39	01:50	03:35	07:28	04:13	05:13	15:12	08:33	03:53									
	Julia Tywonek	22	102	106	109	114	116	110	108	105	104	11									
	UKS ,,OSiR" Góra Kal	43:36	04:12	06:39	11:07	18:47	22:17	31:39	35:54	37:43	39:23	43:36									
			04:12	02:27	04:28	07:40	03:30	09:22	04:15	01:49	01:40	04:13									
M45	Międzyczasy																				
	Tomasz Michalak	53	104	105	108	113	112	115	117	118	121	122	120	119	116	114	111	110	107	103	11
	UNTS Warszawa	57:34	02:30	03:29	04:50	07:48	11:30	13:32	16:16	19:36	23:37	26:25	33:44	39:08	42:49	46:05	48:23	51:00	52:54	54:36	57:34
			02:30	00:59	01:21	02:58	03:42	02:02	02:44	03:20	04:01	02:48	07:19	05:24	03:41	03:16	02:18	02:37	01:54	01:42	02:58
	Igor Błachut	52	101	102	106	109	111	114	116	119	120	118	117	115	113	108	105	104	11		
	Team 360?	41:58	02:11	04:51	06:39	09:01	11:13	12:41	15:15	18:36	22:56	27:00	29:29	31:30	34:12	36:37	38:28	39:41	41:58		
			02:11	02:40	01:48	02:22	02:12	01:28	02:34	03:21	04:20	04:04	02:29	02:01	02:42	02:25	01:51	01:13	02:17		
	Bartłomiej Maciejews	41	101	102	106	109	114	116	117	115	112	113	110	107	103	108	105	104	11		
	BKS Wataha Warszawa	42:29	02:37	05:05	06:50	09:34	13:07	15:06	19:05	21:29	23:40	25:49	29:10	30:46	33:06	35:31	36:56	39:54	42:29		
			02:37	02:28	01:45	02:44	03:33	01:59	03:59	02:24	02:11	02:09	03:21	01:36	02:20	02:25	01:25	02:58	02:35		
	Bartosz Stopczyński	38	101	102	107	110	111	114	116	119	120	118	115	113	108	105	104	11			
	BKS Wataha Warszawa	53:04	03:15	06:29	08:50	12:39	15:32	18:11	21:15	27:09	32:40	37:37	41:18	44:33	47:43	49:08	50:33	53:04			
			03:15	03:14	02:21	03:49	02:53	02:39	03:04	05:54	05:31	04:57	03:41	03:15	03:10	01:25	01:25	02:31			
	Krzysztof Wójtowicz	36	101	102	106	109	114	116	115	113	112	111	110	107	103	104	11				
	UNTS Warszawa	42:18	02:17	05:12	07:06	10:34	16:32	18:41	23:20	25:48	28:34	31:10	34:16	35:44	37:27	39:37	42:18				
			02:17	02:55	01:54	03:28	05:58	02:09	04:39	02:28	02:46	02:36	03:06	01:28	01:43	02:10	02:41				
	Józef Kmieciński	31	104	105	108	113	112	115	117	119	116	110	107	11							
	PUKS Młode Orły NDM	48:21	04:12	08:16	10:08	13:54	17:05	19:51	22:54	29:00	33:08	39:31	41:50	48:21							
			04:12	04:04	01:52	03:46	03:11	02:46	03:03	06:06	04:08	06:23	02:19	06:31							
	Filip Pankiewicz	18	104	105	108	113	115	112	111	102	11										
	BKS Wataha Warszawa	34:57	03:54	05:25	07:16	11:05	14:27	16:51	21:49	30:22	34:57										
			03:54	01:31	01:51	03:49	03:22	02:24	04:58	08:33	04:35										
	Tadeusz Patejko	18	106	109	111	116	119	117	115	113	11										
	Spójna Warszawa	57:49	06:55	10:10	14:15	20:20	25:52	34:54	40:27	47:00	57:49										
			06:55	03:15	04:05	06:05	05:32	09:02	05:33	06:33	10:49										
	Marcin Chmielewski	17	103	107	110	112	115	113	108	105	11										
	WAT	46:54	05:30	12:01	23:05	25:28	28:19	32:13	38:12	40:16	46:54										
			05:30	06:31	11:04	02:23	02:51	03:54	05:59	02:04	06:38										
	Antoni Wasilewski	14	102	106	109	110	107	103	104	101	11										
	UKS ,,OSiR" Góra Kal	40:45	05:11	07:40	11:26	20:53	27:05	30:44	34:58	39:00	40:45										
			05:11	02:29	03:46	09:27	06:12	03:39	04:14	04:02	01:45										
	Antoni Lendzioszek	9	104	105	103	102	107	108	101	11											
	Spójna Warszawa	41:08	03:55	05:33	10:41	14:41	19:06	27:09	37:19	41:08											

			03:55	01:38	05:08	04:00	04:25	08:03	10:10	03:49																
	Mieczysław Zielczyńs	-2	104	105	108	110	107	11																		
	Atomy	55:48	10:05	14:34	24:52	35:22	42:02	55:48																		
			10:05	04:29	10:18	10:30	06:40	13:46																		
	Stanisław Wysocki	-3	104	105	108	110	107	102	101	11																
	Spójna Warszawa	58:18	09:05	13:46	21:30	31:27	37:21	44:16	53:02	58:18																
			09:05	04:41	07:44	09:57	05:54	06:55	08:46	05:16																
M60	Międzyczasy																									
	Piotr Parfianowicz	73	104	105	108	113	112	115	117	118	121	122	120	119	116	114	111	110	107	109	106	102	103	101	11	
	UNTS Warszawa	48:57	02:17	03:09	04:16	06:40	08:25	09:59	12:06	14:32	17:25	19:23	23:45	27:35	31:12	33:10	34:33	36:27	37:58	40:23	42:31	43:52	45:06	47:20	48:57	
			02:17	00:52	01:07	02:24	01:45	01:34	02:07	02:26	02:53	01:58	04:22	03:50	03:37	01:58	01:23	01:54	01:31	02:25	02:08	01:21	01:14	02:14	01:37	
	Karol Galicz	73	104	105	108	112	113	115	117	118	121	122	120	119	116	114	111	110	107	109	106	102	103	101	11	
	BKS Wataha Warszawa	53:58	02:51	03:53	05:12	08:17	10:05	12:22	14:17	16:55	20:14	22:22	27:21	31:26	34:17	36:15	37:59	39:46	41:28	44:44	47:10	48:34	49:38	52:10	53:58	
			02:51	01:02	01:19	03:05	01:48	02:17	01:55	02:38	03:19	02:08	04:59	04:05	02:51	01:58	01:44	01:47	01:42	03:16	02:26	01:24	01:04	02:32	01:48	
	Marek Majewski	70	102	106	109	110	111	114	116	119	120	122	121	118	117	115	112	113	108	105	103	104	11			
	PUKS Młode Orły NDM	59:34	03:04	04:59	07:19	10:24	13:32	16:53	18:55	22:12	27:17	33:29	36:06	39:42	42:53	45:07	47:13	49:37	52:31	53:46	55:22	57:19	59:34			
			03:04	01:55	02:20	03:05	03:08	03:21	02:02	03:17	05:05	06:12	02:37	03:36	03:11	02:14	02:06	02:24	02:54	01:15	01:36	01:57	02:15			
	Mateusz Mioduszewski	70	104	105	108	110	111	112	113	115	117	118	121	122	120	119	116	114	109	106	107	103	102	101	11	
	UKA	62:26	02:25	03:59	05:21	11:39	13:04	15:13	17:11	19:25	21:28	24:23	27:45	30:01	35:48	41:03	43:57	46:15	50:21	52:47	55:03	57:09	58:35	60:48	62:26	
			02:25	01:34	01:22	06:18	01:25	02:09	01:58	02:14	02:03	02:55	03:22	02:16	05:47	05:15	02:54	02:18	04:06	02:26	02:16	02:06	01:26	02:13	01:38	
	Piotr Drągowski	69	104	105	108	113	112	115	117	118	121	122	120	119	116	114	111	110	107	109	106	102	11			
	OK!Sport Warszawa	61:32	02:43	03:57	05:34	09:03	11:24	13:27	15:53	19:04	23:03	26:00	32:00	37:49	41:30	44:47	46:44	48:51	51:13	54:14	56:53	58:41	61:32			
			02:43	01:14	01:37	03:29	02:21	02:03	02:26	03:11	03:59	02:57	06:00	05:49	03:41	03:17	01:57	02:07	02:22	03:01	02:39	01:48	02:51			
	Paweł Lendzioszek	69	104	105	108	113	112	115	117	118	121	122	120	119	116	114	111	110	107	106	109	102	11			
	Spójna Warszawa	61:50	02:52	04:07	05:47	08:46	10:55	12:56	15:11	18:05	21:45	24:15	31:06	36:16	39:39	42:19	44:43	48:29	50:11	52:48	55:19	58:53	61:50			
			02:52	01:15	01:40	02:59	02:09	02:01	02:15	02:54	03:40	02:30	06:51	05:10	03:23	02:40	02:24	03:46	01:42	02:37	02:31	03:34	02:57			
	Przemysław Witczak	68	104	105	108	113	112	115	117	118	121	122	120	119	116	114	111	110	107	106	102	11				
	Dreamtime Trails	59:10	02:56	04:07	05:39	08:32	11:51	13:58	16:31	20:03	24:13	27:01	34:13	39:02	42:57	45:22	47:08	49:34	51:24	54:07	55:52	59:10				
			02:56	01:11	01:32	02:53	03:19	02:07	02:33	03:32	04:10	02:48	07:12	04:49	03:55	02:25	01:46	02:26	01:50	02:43	01:45	03:18				
	Dawid Gładecki	67	104	105	108	113	115	117	118	121	122	120	119	116	114	111	110	107	103	102	106	101	11			
	UKS ,,OSiR" Góra Kal	53:18	03:18	04:17	05:18	07:26	10:07	12:28	14:56	17:50	19:52	26:08	30:49	33:42	37:25	39:34	41:45	43:33	45:19	46:43	48:39	52:05	53:18			
			03:18	00:59	01:01	02:08	02:41	02:21	02:28	02:54	02:02	06:16	04:41	02:53	03:43	02:09	02:11	01:48	01:46	01:24	01:56	03:26	01:13			
	Jerzy Parzewski	66	101	102	106	107	109	114	116	119	120	122	121	118	117	115	112	110	108	105	104	11				
	KU AZS WAT Warszawa	56:10	02:04	04:25	06:27	09:03	11:57	15:00	17:06	20:33	25:15	32:08	34:59	38:31	41:54	44:10	46:17	48:41	51:02	52:15	53:44	56:10				
			02:04	02:21	02:02	02:36	02:54	03:03	02:06	03:27	04:42	06:53	02:51	03:32	03:23	02:16	02:07	02:24	02:21	01:13	01:29	02:26				
	Kamil Lesisz	66	104	105	108	113	115	117	118	121	122	120	119	116	114	112	111	110	109	107	11					
	UNTS Warszawa	61:03	02:44	03:56	05:14	07:46	10:09	12:31	15:54	19:14	21:33	28:01	32:14	36:29	38:51	43:42	46:06	48:16	51:17	56:40	61:03					
			02:44	01:12	01:18	02:32	02:23	02:22	03:23	03:20	02:19	06:28	04:13	04:15	02:22	04:51	02:24	02:10	03:01	05:23	04:23					
	Leszek Maliszewski	65	108	113	115	117	118	121	122	120	119	116	114	111	112	110	109	106	11							
	Stryki-Byki	60:55	04:39	07:21	09:39	12:02	14:57	18:43	21:29	30:49	35:18	38:38	41:56	43:36	46:18	50:06	53:08	56:05	60:55							
			04:39	02:42	02:18	02:23	02:55	03:46	02:46	09:20	04:29	03:20	03:18	01:40	02:42	03:48	03:02	02:57	04:50							
	Michał Wołowczyk	64	101	102	106	109	111	114	116	119	120	122	121	118	117	115	113	108	105	104	11					
	UNTS Warszawa	55:42	01:57	04:55	06:43	09:06	11:28	16:15	18:29	21:56	26:26	32:51	35:30	38:47	41:52	44:14	47:38	50:26	51:49	53:01	55:42					
			01:57	02:58	01:48	02:23	02:22	04:47	02:14	03:27	04:30	06:25	02:39	03:17	03:05	02:22	03:24	02:48	01:23	01:12	02:41					
	Mariusz Pietrzak	64	104	105	108	113	115	117	118	121	122	120	119	116	114	111	110	107	102	101	11					
	Piastów	58:21	03:40	04:54	06:51	10:20	13:12	15:37	19:14	23:56	26:55	33:12	39:03	42:48	45:49	47:45	49:24	51:16	53:56	56:28	58:21					
			03:40	01:14	01:57	03:29	02:52	02:25	03:37	04:42	02:59	06:17	05:51	03:45	03:01	01:56	01:39	01:52	02:40	02:32	01:53					
	Maciej Nowakowski	63	101	102	106	109	111	114	116	119	120	122	121	118	117	115	112	110	107	11						
	BKS Wataha Warszawa	61:25	01:46	04:31	06:39	09:36	11:53	13:20	15:35	18:48	29:13	36:17	39:21	45:51	49:03	51:45	53:43	56:01	57:22	61:25						
			01:46	02:45	02:08	02:57	02:17	01:27	02:15	03:13	10:25	07:04	03:04	06:30	03:12	02:42	01:58	02:18	01:21	04:03						
	Andrzej Krupiński	62	104	105	108	113	112	115	117	118	121	122	120	119	116	114	109	103	101	11						
	PUKS Młode Orły NDM	57:54	04:10	06:21	07:49	10:49	13:37	15:35	17:57	21:20	25:19	27:56	34:35	39:56	43:45	46:19	50:02	53:46	56:16	57:54						
			04:10	02:11	01:28	03:00	02:48	01:58	02:22	03:23	03:59	02:37	06:39	05:21	03:49	02:34	03:43	03:44	02:30	01:38						
	Piotr Kwitowski	59	104	105	108	113	115	117	118	121	122	120	119	116	111	110	107	102	11							
	Mazurskie Tropy	54:29	02:49	04:14	05:57	08:55	11:48	13:55	17:01	20:17	22:59	28:45	34:24	38:26	42:53	47:09	49:47	51:35	54:29							
			02:49	01:25	01:43	02:58	02:53	02:07	03:06	03:16	02:42	05:46	05:39	04:02	04:27	04:16	02:38	01:48	02:54							
	Paweł Klimczak	56	104	105	108	113	115	118	121	122	120	119	116	114	111	107	106	102	11							
	ind.	60:40	03:27	04:47	06:40	09:47	12:42	16:22	20:27	24:26	32:56	38:17	42:25	45:19	48:10	51:53	55:43	57:40	60:40							
			03:27	01:20	01:53	03:07	02:55	03:40	04:05	03:59	08:30	05:21	04:08	02:54	02:51	03:43	03:50	01:57	03:00							
	Marek Kaliciński	56	104	105	108	113	112	115	117	118	121	122	120	119	116	114	109	11								

UKA	63:16	03:02	04:17	05:52	08:54	11:28	13:39	16:48	20:22	24:18	27:21	34:16	40:10	46:56	49:59	56:06	63:16		
		03:02	01:15	01:35	03:02	02:34	02:11	03:09	03:34	03:56	03:03	06:55	05:54	06:46	03:03	06:07	07:10		
Krzysztof Urbaniak	55	102	106	109	114	116	119	120	122	121	118	117	115	113	108	105	104	11	
PZOS	64:07	03:59	06:02	08:49	17:27	20:12	23:48	28:30	36:30	39:34	48:16	51:43	54:05	56:18	59:11	60:26	61:52	64:07	
		03:59	02:03	02:47	08:38	02:45	03:36	04:42	08:00	03:04	08:42	03:27	02:22	02:13	02:53	01:15	01:26	02:15	
Krzysztof Poniatowsk	53	102	106	114	116	119	120	122	121	118	117	115	112	113	108	11			
Byle Do Przodu	64:34	04:27	06:23	17:30	19:56	23:53	29:34	37:00	40:24	44:47	49:18	52:17	54:22	57:07	60:21	64:34			
		04:27	01:56	11:07	02:26	03:57	05:41	07:26	03:24	04:23	04:31	02:59	02:05	02:45	03:14	04:13			
Maksymilian Sobiepan	51	104	105	108	113	112	115	118	120	119	116	114	111	110	107	103	102	101	11
UKS ,,OSiR" Góra Kal	49:10	02:26	03:39	06:44	09:34	12:11	14:18	17:32	22:07	26:46	30:58	33:50	36:10	38:15	39:52	41:52	43:46	47:15	49:10
		02:26	01:13	03:05	02:50	02:37	02:07	03:14	04:35	04:39	04:12	02:52	02:20	02:05	01:37	02:00	01:54	03:29	01:55
Jan Majowski	51	104	105	108	113	112	115	118	120	119	116	114	111	110	107	103	102	101	11
UKS ,,OSiR" Góra Kal	49:17	02:34	03:41	06:31	09:37	12:21	14:17	17:33	22:08	26:42	31:00	33:43	36:18	38:18	39:54	41:47	43:45	47:22	49:17
		02:34	01:07	02:50	03:06	02:44	01:56	03:16	04:35	04:34	04:18	02:43	02:35	02:00	01:36	01:53	01:58	03:37	01:55
Władysław Machowski	49	108	113	115	118	117	120	119	116	114	111	110	107	103	11				
UKS ,,OSiR" Góra Kal	51:10	05:03	08:17	11:06	17:02	22:20	27:19	32:44	36:10	39:18	41:05	42:59	44:44	46:58	51:10				
		05:03	03:14	02:49	05:56	05:18	04:59	05:25	03:26	03:08	01:47	01:54	01:45	02:14	04:12				
Mikołaj Maciejewski	49	102	106	109	114	116	117	120	122	121	118	115	113	108	11				
BKS Wataha Warszawa	62:02	04:20	06:54	10:38	15:03	18:07	22:39	28:31	35:45	39:02	45:12	49:37	55:21	58:25	62:02				
		04:20	02:34	03:44	04:25	03:04	04:32	05:52	07:14	03:17	06:10	04:25	05:44	03:04	03:37				
Józef Woźniak	48	104	105	108	113	112	115	117	118	121	119	116	114	111	107	103	11		
KU AZS WAT Warszawa	62:06	03:51	05:38	07:29	10:49	14:32	17:19	20:15	25:06	29:47	39:29	43:55	47:03	50:08	56:06	58:35	62:06		
		03:51	01:47	01:51	03:20	03:43	02:47	02:56	04:51	04:41	09:42	04:26	03:08	03:05	05:58	02:29	03:31		
Kacper Podworski	47	101	102	106	109	114	116	119	117	115	112	111	110	107	103	108	105	104	11
UKS ,,OSiR" Góra Kal	51:10	02:33	05:29	07:38	11:01	15:43	18:13	21:49	26:31	29:59	32:25	35:21	37:20	39:27	42:07	45:05	46:53	48:23	51:10
		02:33	02:56	02:09	03:23	04:42	02:30	03:36	04:42	03:28	02:26	02:56	01:59	02:07	02:40	02:58	01:48	01:30	02:47
Tomasz Szeląg	46	104	105	108	113	112	115	118	121	122	120	119	116	114	107	102	11		
MKB Dreptak	68:59	03:22	04:51	06:26	09:29	12:18	14:38	17:51	22:00	24:56	32:23	38:11	42:28	44:51	63:00	65:32	68:59		
		03:22	01:29	01:35	03:03	02:49	02:20	03:13	04:09	02:56	07:27	05:48	04:17	02:23	18:09	02:32	03:27		
Grzegorz Doliński	45	102	106	109	114	116	119	117	115	112	111	110	107	103	105	104	101	11	
BKS Wataha Warszawa	53:43	04:17	06:30	09:43	16:04	18:24	22:21	26:38	29:29	32:02	36:19	38:40	40:52	44:46	47:13	49:05	51:58	53:43	
		04:17	02:13	03:13	06:21	02:20	03:57	04:17	02:51	02:33	04:17	02:21	02:12	03:54	02:27	01:52	02:53	01:45	
Dariusz Walczyna	45	101	102	106	109	111	114	116	119	117	115	112	113	108	105	104	103	11	
Klub InO STOWARZYSZE	56:37	02:52	06:36	09:06	12:22	17:15	19:15	22:43	29:13	34:09	37:11	39:34	42:07	45:41	47:58	50:53	53:15	56:37	
		02:52	03:44	02:30	03:16	04:53	02:00	03:28	06:30	04:56	03:02	02:23	02:33	03:34	02:17	02:55	02:22	03:22	
Tomasz Łaski	45	101	103	102	106	109	111	114	116	119	120	122	121	118	108	11			
Stowarzyszone Wytrze	66:00	02:21	06:21	08:03	10:22	14:11	17:34	20:43	23:34	28:21	34:18	43:11	46:19	50:54	61:02	66:00			
		02:21	04:00	01:42	02:19	03:49	03:23	03:09	02:51	04:47	05:57	08:53	03:08	04:35	10:08	04:58			
Janusz Olbrycht	44	104	105	108	113	115	118	117	116	114	111	112	110	107	106	102	11		
OLBnO	59:09	03:58	05:37	10:23	14:19	17:46	21:42	26:29	32:20	36:43	40:07	43:13	46:36	48:41	52:44	55:19	59:09		
		03:58	01:39	04:46	03:56	03:27	03:56	04:47	05:51	04:23	03:24	03:06	03:23	02:05	04:03	02:35	03:50		
Lech Trzpil	40	102	106	109	114	116	119	117	115	112	110	108	105	104	11				
Ok! Sport Warszawa	56:24	05:23	07:57	12:09	17:18	22:10	27:08	32:09	35:30	42:25	45:45	49:25	51:14	53:05	56:24				
		05:23	02:34	04:12	05:09	04:52	04:58	05:01	03:21	06:55	03:20	03:40	01:49	01:51	03:19				
Marcin Parfianowicz	40	108	113	115	117	118	121	122	120	119	116	110	11						
Warszawa	70:06	05:22	08:27	11:25	14:34	19:25	24:44	28:03	39:02	49:19	57:03	63:00	70:06						
		05:22	03:05	02:58	03:09	04:51	05:19	03:19	10:59	10:17	07:44	05:57	07:06						
Marek Dragowski	38	104	105	108	113	112	115	117	118	121	122	120	119	116	110	107	102	11	
Ok! Sport Warszawa	80:41	03:59	06:10	08:37	12:09	15:25	18:10	21:52	26:30	32:43	36:41	45:33	53:41	61:59	68:53	71:44	76:36	80:41	
		03:59	02:11	02:27	03:32	03:16	02:45	03:42	04:38	06:13	03:58	08:52	08:08	08:18	06:54	02:51	04:52	04:05	
Rafał Mianowski	33	104	105	108	113	115	118	117	116	114	109	11							
UNTS Warszawa	47:06	04:43	06:26	08:12	11:58	15:23	19:56	24:33	32:17	35:49	39:37	47:06							
		04:43	01:43	01:46	03:46	03:25	04:33	04:37	07:44	03:32	03:48	07:29							
Stanisław Adamowicz	25	101	102	103	104	105	106	107	108	109	110	111	112	113	11				
ind.	60:44	05:35	09:31	11:34	16:44	18:02	24:28	27:20	32:51	40:33	44:19	46:49	49:59	52:52	60:44				
		05:35	03:56	02:03	05:10	01:18	06:26	02:52	05:31	07:42	03:46	02:30	03:10	02:53	07:52				
Kuba Drągowski	23	104	105	108	110	111	112	113	115	107	103	11							
OK!Sport Warszawa	53:09	03:13	04:13	05:17	08:34	10:13	14:54	20:03	26:11	40:17	45:36	53:09							
		03:13	01:00	01:04	03:17	01:39	04:41	05:09	06:08	14:06	05:19	07:33							
Mikołaj Wasilewski	22	102	106	109	114	116	110	108	105	104	11								

UKS ,,OSiR" Góra Kal	43:54	04:12	06:42	11:25	18:57	22:30	31:36	36:08	37:56	39:36	43:54
		04:12	02:30	04:43	07:32	03:33	09:06	04:32	01:48	01:40	04:18